

**Self-Assessment Rating Scale**

- A. Two plus years experience
- B. One – two years experience
- C. Intermittent experience
- D. Theory, no practice



**SELF ASSESSMENT SKILLS Licensed Vocational Nurse (GENERAL NURSING)**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Instructions:** Please check the appropriate column that best describes your experience level for each knowledge competency and skill. Following the scale above, choose A for Two-plus years of experience through D for Theory only, no practice.

SKILL	A	B	C	D	SKILL	A	B	C	D
<b>NEUROLOGY</b>					<b>RESPIRATORY</b>				
Assessment of Neuro Signs					Principles of Chest Percussion				
Seizure Precautions					Establishing an Airway				
Assist with Lumbar Puncture					Ambu Technique				
ICP Monitoring					Chest Tubes				
Crutchfield Tongs					Various Types of O <sub>2</sub> Administration				
Halo Traction					Nasal Cannula				
Stryker Frame					Face Mask				
<b>CARE OF PATIENTS WITH</b>					ET Intubation / Extubation				
Seizure Activity					<b>VENTILIATORS</b>				
Overdose					Use and Complications of PEEP				
Spinal Cord Injury					Use and Complications of CPAP				
Neuro Trauma					Use and Complications of LMV				
Pre/Post Neuro Surgery					Weaning				
<b>USE AND ADMINISTRATION OF THE FOLLOWING DRUGS</b>					<b>ABG</b>				
Decadron					Interpretation				
Dilantin					Drawing Blood Sample				
Magnesium Sulfate					<b>CARE OF PATIENT WITH</b>				
Phenobarbital					COPD				
Valium					ARDS				
<b>CARDIAC</b>					Pre / Post Thoracic Surgery				
Principals of 12 Lead EKG					Tracheostomy				
Interpretation of Arrhythmias					Pulmonary Emboli				
Defibrillation / Cardioversion					<b>USE AND ADMINISTRATION OF THE FOLLOWING DRUGS</b>				
Use of Cardiac Monitors					Aminophylline				
Telemetry					Atropine				
C.P.R.					Bronkosol				
Pacemaker - Permanent					Terbutaline				
Pacemaker - Temporary					<b>VASCULAR</b>				
Rotating Tourniquets					Peripheral Pulses				
Cardiac Arrest					Fluid Overload				
CVP Readings					Ultrasonic Doppler				
A-Line (Transducer Set-up)					Starting IV's				
Swan Ganz (Transducer Set-up)					Heparin Locks				
Principles of Hemodynamic Monitoring					TPN / Hyperalimentation				
Balloon Pump					Knowledge of Normal Serum Lab Values				
<b>CARE OF PATIENT WITH</b>					Obtaining Venous Blood Samples				
Aneurysm					Administration of Blood and Blood Products				
Acute MI					Infusion Pumps				
Pre / Post Cardiac Cath					Hickman / Boviach Catheters				
CHF					Hemodialysis				
Cardiogenic / Hypovolemic Shock					Peritoneal Dialysis				
Pre / Post Cardiac Surgery					IV Therapy				
Heart Transplant					Certified to Start IV Therapy				
<b>USE AND ADMINISTRATION OF THE FOLLOWING DRUGS</b>					A-Line (Assist with Insertion & Maintenance)				
Atropine					Intracath				
Epinephrine					Jelco				
Digoxin					PICC Lines				
Dopamine					Portacath, Hickman, Boviach				
Inderal					Scalp Vein				
Isuprel					<b>ORTHOPEDIC</b>				
Lidocaine					Total Knee Replacement				
NTG					Bucks Extension/ traction				
Pronestyl					Crutch Walking				
Dobutamine					K-Wires				
Preparation of Emergency Drugs					Spika Casts				

Additional Skills & Comments \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

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**SELF ASSESSMENT SKILLS Licensed Vocational Nurse (GENERAL NURSING) Cont.**

SKILL	A	B	C	D	SKILL	A	B	C	D
<b>ORTHOPEDIC (CONTINUED)</b>					Post Harrington Rod Insertion				
Body Casts					RDS				
Circo-Electric Bed					Reye's Syndrome				
Total Hip Replacement					Sickle Cell Disease				
Arthroscopy / Arthrotomy					Spina Bifida				
<b>OB-CARE OF PATIENTS WITH</b>					Tracheoesophageal Fistula				
Multiple Gestation					<b>CARE OF PATIENT WITH</b>				
Placenta Previa					Amputation				
Abruptio Placenta					Trauma				
Malpresentations					Skeletal Traction				
Premature Labor					<b>GENITOURINARY</b>				
Diabetes Mellitus					Foley Catheter Insertion				
Infectious Disease					Ileostomy				
Sickle Cell Disease					G.U. Irrigation's				
Rh Incompatibilities					Nephrostomy Tube				
<b>POSTPARTUM ASSESSMENT</b>					Suprapubic Tube				
Fundus Consistency					<b>CARE OF PATIENTS WITH</b>				
Lochia					Shunts and Fistulas				
Bladder Distention					Renal Transplant				
Episiotomy / Incision for C-Section					Nephrectomy				
<b>IMMEDIATE NEONATE CARE</b>					<b>GASTROINTESTINAL</b>				
Assign Apgar Scores					NG Tube				
Suction					Gastrostomy Tube				
Eye Prophylaxis					T-Tube				
Collect Card Blood Samples					G.I. Bleed				
<b>NEWBORN CARE</b>					Miller-Abbot/Cantor				
Neonatal Level I					Colostomy Care				
Neonatal Level II					Dehiscence				
Neonatal Level III					<b>OTHER</b>				
Draw Blood from U-Line					Oncology				
Suction with Catheter					Chemotherapy				
Cord and Circumcision Care					Diabetic Teaching				
Phototherapy					Isolation Techniques				
NG Feedings					Burn Patients				
Administering Blood and Blood Products					AIDS Patients				
<b>USE OF EQUIPMENT</b>					Bone Marrow Transplants				
Cardiac Monitors					Gerontology				
Apnea Monitors					Endometriosis				
Oxyhood					Gyn Exam/PAP				
Ventilators					Self Breast Exam				
<b>PEDIATRICS</b>					Mastectomy				
Calculation of Pedi Doses					Hysterectomy				
Starting IV Therapy					<b>MATERNAL-CHILD NURSING</b>				
Scalp Veins					<i>Administration of IV Drips:</i>				
Apnea Monitor					Magnesium Sulfate Therapy				
Cardiac Monitor					Labor Suppressant Medications				
CPR-Infant/Child					Oxytocin Induction / Augmentation				
Preparation of Emergency Drugs					Assist with Vaginal Delivery				
Tracheostomy Care and Suctions					Forceps Vaginal Delivery				
Assist with Lumbar Puncture					Circulate for C- Section				
Use of Oxygen					Scrub for C-Section				
Use of Croup Tent					Internal Monitor / Lead Connection & Calibration				
<b>CARE OF PATIENTS WITH</b>					Assist with Placement of Intrauterine Pressure Catheter				
Asthma					Assist with the Fetal Scalp Blood Sampling				
Bone Marrow Transplant					<b>LABOR ASSESSMENT</b>				
Broncho-Pulmonary Dysplasia					Vaginal Exams				
Cardiac Surgery					Use of Fetoscope / Doppler				
CHF					FHR Monitoring				
Cystic Fibrosis					<b>PROVIDE INTRAPARTUM CARE</b>				
Diabetes Mellitus					Pregnancy Induced Hypertension				
Epiglottitis					Preeclampsia				
Failure to Thrive					Vaginal Exams				
Leukemia					Use of Fetoscope / Doppler				
Meningitis					FHR Monitoring				
Near Drowning									
Overdose/Poison Ingestion									
PDA Ligation									

Signature \_\_\_\_\_ Date \_\_\_\_\_

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AGE APPROPRIATE CARE	A	B	C	D					
Following the scale above, please indicate each age group you have experience with.									
A. Newborn/Neonate (birth – 30 days)									
B. Infant (30 days – 1 year)									
C. Toddler (1 – 3 years)									
D. Preschooler (3 – 5 years)									
E. School age children (5 – 12 years)									
F. Adolescents (12 – 18 years)									
G. Young adults (18 – 39 years)									
H. Middle adults (39 – 64 years)									
I. Older adults (64+)									

**Using Age groups above, please circle each age group in which you are experienced within the last 2 years.**

Able to ensure a safe environment for specific needs of various age groups	A	B	C	D	E	F	G	H	I
Able to communicate and/or educate patients based on their age, maturity, and level of comprehension	A	B	C	D	E	F	G	H	I
Able to evaluate age-appropriate behavior, motor skills, and physiological norms and abnorms	A	B	C	D	E	F	G	H	I

Additional Skills & Comments \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_